

COLLABORATE. EDUCATE. SUPPORT.

Successful Healthy Children

SEPTEMBER 2022 NEWSLETTER

IN THE NEWS

Families are struggling to gain the appropriate special education services for their children. It is made even harder for families that move. WMTV in Oregon conducted an audit of state Special Education practices and discovered "major disparities from state to state, with each one determining its policies through a series of classifications." Read more:

[Unequal Education: Special education policies differ from state to state](#)

RECESS AND PLAY

Several members of the **[Global Recess Alliance](#)** crafted a commentary about the importance of recess as school year 2022-2023 begins and schooling resumes. "social connection is tightly entwined with children's mental health, supporting school-based spaces for quality social interactions is an important...unstructured school recess is ideal for supporting recovery." Read more:

[Recess in the 21st Century Post-COVID World](#)

SCHOOL WELLNESS

School wellness policies and councils help create a school environment where students, staff and faculty can thrive, and families are encouraged to engage. Did you know that every school participating in the School Lunch program is required to have both a wellness policy AND a wellness team or wellness council?

Does your school have a wellness policy? A wellness team or wellness council? Not sure? Does your school need help meeting the expectations in their wellness policy?

[Dr. R can help](#)

IEP TIP

Have an IEP meeting coming up?

Request a draft IEP to be sent home a few days before the meeting. Review the IEP and get in touch with the IEP team BEFORE the meeting with anything you would like added or want to make priority at the meeting.

[Reach out to Jessica IEP Coach!](#)

CATCH US LIVE!

Chat with Jessica about IEPs and Special Education:
Oct 1, 10:00-11:30 am ET: **[Virtual Coffee Chat: register here](#)**

Catch Dr. B & Dr. R on recess advocacy:
Oct 6-9: **[International Play Association-USA](#)**, San Antonio, TX
Nov 2-4: **[Action For Healthy Kids National Conference](#)**, Chicago IL
& the **[Recess Story Project](#)**

Nov 7-9: **[Head to Toe Conference](#)**, Albuquerque, NM

